

**FIBA**

We Are Basketball

**איגוד הכדורסל הישראלי**  
**ISRAELI BASKETBALL ASSOCIATION**

**משרד התרבות והספורט**


**PROGRAM OF THE INTERNATIONAL CONFERENCE FOR  
BASKETBALL COACHES JUNE 6-8, 2023**

**Tuesday, June 6, 2023**

13:30 Bus from Nahariya train station to the hotel (must register in advance)

13:30-14:30 Arrival, registration and light refreshments in the hotel

**Program in the hotel (theory)**

14:45-15:15 **Opening lecture – Guest lecturer**

15:15-16:00 **Elad Hasin** – "Learning, training and practicing defense with youth teams as preparation for success in the senior teams"

16:00-16:15 Time-out

16:15-17:15 **Alan Ibrahimagic** (coach of the German youth team) "Organizing practice in youth basketball"

17:15-18:30 A Panel of senior coaches on game management by **Pini Gershon**

18:30-19:00 **PowerPoint presentations by visiting coaches from abroad**

19:30 **Greetings** (Basketball heads and dignitaries) and **Dinner**

**Wednesday, June 7, 2023 Program in the gym (practical)**

07:30-08:15 Breakfast

08:30 Bus from the hotel to the basketball gym

08:50-09:50 **Alan Ibrahimagic** "Developing and implementing an offensive idea"

09:50-10:50 **Torsen Loibl** (coach of the Czech youth team and achievement manager)  
"How to get practice intensity to competition level"

10:50-11:00 Time-out

11:00-12:00 **Avraham Kowalsky** "Sport specific training is not a myth: it is a must"

12:00-12:45 **Neta Krumer** "Decision making and principles of free play"





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12:45 Bus from the gym to the hotel

13:00-14:00 Lunch

### **Continuation of program in the hotel (theory)**

14:45-15:45 **Torsen Liobl** "How to get practice intensity to competition level

15:45-16:30 **Avraham Kowalsky** "Physiological aspects of preparing athletes for training and games"

16:30-16:45 Time-out

16:45-17:35 **Michal Kocian** (Scientific Director of the Czech Basketball Federation) "What kind of pieces we find in the basketball speed puzzle"

17:35-18:15 **Lecturers from abroad**

18:15-19:00 **Andrea Cavallari** (Scientific Director, Hapoel Tel Aviv) "Managing loads in basketball"

19:45 Dinner

### **Thursday, June 8, 2023 Program in the gym (practical)**

07:15-08:00 Breakfast

08:15 Bus from the hotel to the basketball gym

08:20-09:10 **Oren Aharoni** "Development of 1x1 attacking abilities - personal dribbling and catching actions"

09:10-10:00 **Michal Kocian** (Scientific Director of Czech basketball) "How to develop basketball movement patterns – a general-to-specific approach"

10:00-10:10 Time-out

10:10-11:00 **Sharon Avrahami** "Youth team defense – rules and emphases"

11:00-11:50 **Daniel Sasar** "Developing players in the CLA approach"

11:50-13:00 **Pini Gershon** "Emphasis on improving personal abilities for young players"

13:00-13:15 Summing up, refreshments and dispersal (including bus to the station/hotel)

